



6th Form Leadership Training

The UK training side of **Wilderness Expertise** is a **non-profit making** organisation dedicated to the personal development of young people. We have purposely remained specialised as a company so that we can maintain strong relationships with our clients and guarantee high quality programmes.



Aim:	This course aims to provide adult level training for the 6 th Form group to prepare them for their role as school role models as well as to prepare them for the life after school. The exact aim of the training is dictated by the school but to give you an idea we have run courses focusing on future goals with a view to University or College applications as well career and life goals in general.
Activity Description:	The programmes will include brief lectures, video clips, group discussions and reviews, cerebral and physical challenge tasks both indoors and outside.
Number of days:	1 or 2 days.
Venue:	Either at the client's premises or offsite at a suitable venue such as an activity site, campsite or local park or sports ground.
Role of Liaison Teacher:	To provide support and pastoral care of the students during the programme and provide transport of the students if required.
What does Wilderness Expertise provide?	Fully qualified and experienced trainers. All specialist equipment. Pre-course information and all risk assessments for activities. 24hr back up support. Liability insurance. AALA license.
Sample cost:	£30 per student (for a detailed quote please just call us).

**Sample 6th form Leadership training day**

Time	Activity	Methodology	Learning Outcome
8.00 am	Staff Rehearsal		
9.30 am	Introduction and Safety Brief	Power Point / CD	
9.45 am	Ice Breaker		To get to know each other more.
10.00 am	Goal setting	Delivery and interactive discussion/group workshop	To outline the purpose of goal setting and set personal goals using the SMART principle
10.45 am	Resources and creating the desired environment for fulfilling goals	Group discussion and personal reflection – discovering core values and support networks	To define our support networks and resources for helping us to fulfil our goals
11.30 am	Presentation	Presenting back goals and methods for achieving them	To deliver a brief presentation to staff and peers and discuss ways of fulfilling goals
11.45 am	Confidence building	Workshop to encourage participants to reflect on their strengths and talents and how these fit in with their goals	To help build confidence and reflective feedback to peers
12.30 pm	Lunch		
1.15 pm	Action planning	Taking all information and creating a definitive and realistic action plan for the future	Encourages time management, and realistic action planning
3.00 pm	Next steps	What do we need to do in order to realise our action plans and who can help us do that	Reviewing our progress, committing to an action plan to move forward, putting the onus of responsibility on ourselves to realise goals
3.15 pm	Debrief and action points		
3.30 pm	Debrief and depart		

**Wilderness Expertise believes in developing potential.
We look forward to working with you in the near future...**