



Life Skills

The UK training side of **Wilderness Expertise** is a **non-profit making** organisation dedicated to the personal development of young people. We have purposely remained specialised as a company so that we can guarantee high quality programmes and maintain strong relationships with our clients.



Aim:	<p>Our aim is to provide a series of weekly sessions for young people to develop their life and social skills such as communication, interview techniques, working with others, tolerance, self awareness and confidence. These programmes are designed to be run on a weekly basis so our trainer develops a thorough understanding of the young people ensuring appropriate and achievable goals and targets are set.</p> <p>These programmes can also be used towards the ASDAN Key Skills awards (Wilderness Expertise is an ASDAN centre).</p>
Activity Description:	<p>The sessions are tailor made for the group. These can include any of the following activities although not exhaustive (please call us to discuss):</p> <ul style="list-style-type: none"> ➤ Group Review ➤ Climbing ➤ Mask Making ➤ Life Collages ➤ Communication Challenges ➤ Low Ropes ➤ Food Hygiene ➤ First Aid training ➤ Cooking Skills ➤ Survival Skills ➤ High Ropes ➤ Canoeing
Number of days:	<p>Usually between 6 to 30 weekly sessions (dependant on the group and level of service required).</p>
Venue:	<p>Either at the client's premises or offsite at a suitable venue such as an activity site, campsite, river, canal, local park or sports ground.</p>
Role of Liaison adult supervisor:	<p>Pastoral care of the students during the programme and providing transport for the students if required.</p>
What does Wilderness Expertise provide?	<ul style="list-style-type: none"> ➤ Fully qualified and experienced trainers. ➤ All specialist equipment. ➤ Pre-course information and all risk assessments for activities and venues. ➤ 24hr back up support. ➤ Liability insurance. ➤ AALA license.
Sample cost:	<p>£225 to £275 per instructor group per day (for a detailed quote please just call us).</p>

**Wilderness Expertise believes in developing the potential of young people.
We look forward to working with you in the future...**