



Activity Residentials

The UK training side of **Wilderness Expertise** is a **non-profit making** organisation dedicated to the personal development of young people. We have purposely remained specialised as a company so that we can maintain strong relationships with our clients and guarantee high quality programmes.



<p>Aim:</p>	<p>Activity residentials offer a stimulating, safe environment for young people to experience new challenges and to develop as individuals and as part of a team. They are a perfect platform for personal development and those involved participate in the planning, preparation and leading of the activities under the guidance of our trainers.</p> <p>Our aim is to facilitate the young people's ownership of the activities and contribute to them learning life skills such as time management, working with others, risk assessment, problem solving, communication, leadership and team building.</p>
<p>Activity Description:</p>	<p>Choose from the following:</p> <ul style="list-style-type: none"> ➤ Hill Walking ➤ Climbing ➤ Abseiling ➤ Canoeing ➤ Kayaking ➤ Raft Building ➤ Orienteering ➤ Bush craft ➤ Team Challenges ➤ Mountain Biking ➤ Low Ropes ➤ High Ropes ➤ Gorge Walking ➤ Pontoon building
<p>Number of days:</p>	<p>From 2 to 10 days.</p>
<p>Venue:</p>	<p>Anywhere in the UK or Europe. The programmes can be based at a Youth Hostel, bunkhouse, campsite or activity venue. All venues are visited and assessed for suitability before the course with all venue and activity risk assessments completed.</p>
<p>Role of Liaison Teacher:</p>	<p>To provide support and pastoral care of the young people during the residential and provide/arrange transport of the students to and from the venue. The accompanying adults are usually required to cover overnight supervision of the young people.</p>
<p>What does Wilderness Expertise provide?</p>	<p>An overall Course Director to coordinate the programme and act as liaison with school or organisation staff. Fully qualified and experienced trainers. All specialist equipment. All venue and activity fees Pre-course information and all risk assessments for activities. 24hr back up support. Liability insurance. AALA license.</p>
<p>Sample cost:</p>	<p>Between £40 to £50 per student per day (for a detailed quote please just call us).</p>

**Sample Activity Residential**

This is a sample residential based at a Youth Hostel in North Wales.

Day	Morning activity	Afternoon activity	Evening activity
Monday	Travel to venue.	Group arrives. Settle into accommodation. Introduction, safety brief and icebreaker challenges.	Initiative tasks. Set individual goals for the week.
Tuesday	Climbing / Abseiling.	Abseiling / Climbing.	Confidence Crossing.
Wednesday	Canoeing / Kayaking.	Kayaking / Canoeing.	Orienteering Competition.
Thursday	Mountain Day.	Mountain Day.	Bridge Jump.
Friday	Final Challenge. Reviews and set goals for post residential. Depart.	Travel from venue.	

**Wilderness Expertise believes in developing potential.
We look forward to working with you in the near future...**